

Bandage the Victim / Stretcher Race

2019

Participants: Group 1:

- 1 Victim
- 3 Pathfinders to do first aid

Group 2:

- 4 Pathfinders for Lashing Stretcher

Note: Fewer Pathfinders may be used or smaller clubs may borrow from another club. No more than 8 Pathfinders total may be used.

Equipment: Group #1:

- 5 cloth triangle bandages (slightly larger than pathfinder scarf). I purchased a sheet from Walmart and cut it up.
- 1 Small fleece blanket for a splint

Group #2:

- 2 (2x2) poles, 6 feet long
- 4 (2x2) poles, 3 feet long
- 1 (2x2) pole, 4 feet long
- 11, 1/4" braided nylon rope, 10 feet long (can get at hardware stores)
- 1 Sleeping Bag

Victim goes 25' from starting line and sits on ground.

Items needed for lashing the stretcher and sleeping bag will be placed 50' from starting line.

At start signal

Group #1 – Remaining 3 Pathfinders from starting line will do following 3 first aid bandages in relay style on the victim at the 25' line

1. Head bandage – roll scarf into a headband and tie around head with a square knot
2. Arm Sling – Put scarf under the arm bent at waist up around neck and tie with a square knot
3. Leg splint – roll blanket and put in a “u” shape under foot and bring up on either side of the leg past the knee. Roll up both scarfs and tie one above knee and one below knee.

Group #2 – Simultaneously while Group #1 is administering first aid, 4 lashers will run from starting line, to the 50' line and lash a stretcher. (see diagram)

Note: **Lashings should start with a clove hitch, at least 3 lashes (over/under), 3 lashes around and then end with a clove hitch.**

Square lashing is required on the 8 lashes and diagonal lashing required on 3 points of the diagonal stick.

Lashing instructions can be found at via the link at the boyscout website

Square: <https://www.youtube.com/watch?v=VxU9T0LyrUs>

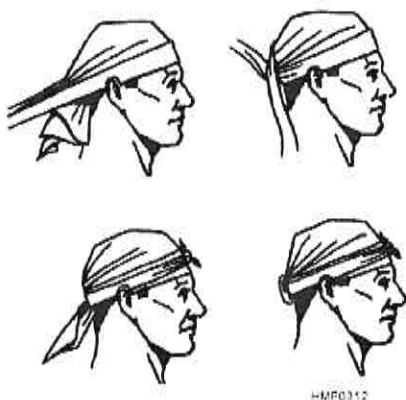
Diagonal: <https://www.youtube.com/watch?v=uuHcSq151uI>

Note – will accept starting the diagonal with a clove hitch

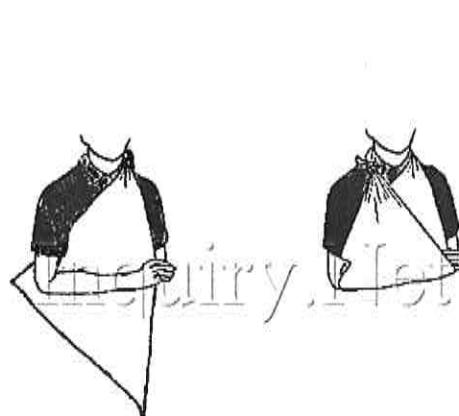
Once 3rd Pathfinder from Group #1 crosses the finish line after having completed the 3rd bandage and the stretcher is completed, it is turned over and the sleeping bag is placed on the stretcher. Group #2 carries stretcher to the Victim who will roll onto the stretcher and be carried from the 25' line back to the start line. Both groups can work together to accomplish this.

This will be timed event. If bandages come undone, if victim is dropped or if any of the boards come unlashed, a penalty will be added to the overall time.

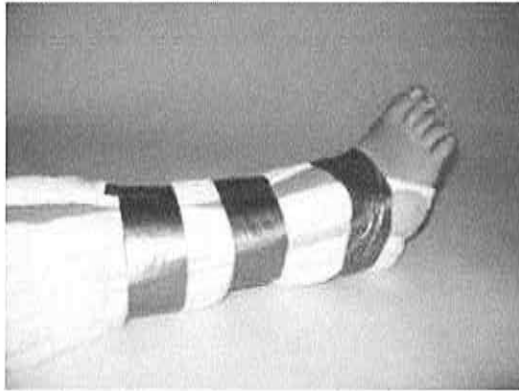
Head Bandage



Arm Sling



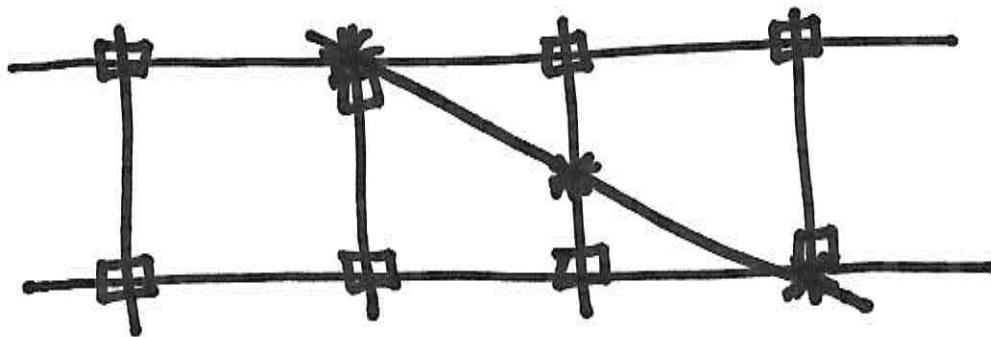
Leg Splint Example:



Roll/fold the small fleece blanket into a U shape, put under foot and bring up on both sides of leg like shown above.

Fold 2 scarves into long narrow strips and tie one above the knee and one below the knee to immobilize the knee.

Stretcher Diagram:



Square Lash - all 8 corners
Diagram Lash - 3 *